



Transitions-Mental Health Association

Inspiring hope, growth, recovery and wellness in our communities

Homeless Outreach Team (HOT)

The **Homeless Outreach Team (HOT)** is a collaborative, multidisciplinary team that goes into the community to engage with homeless adults with mental health issues and links them to support services in the community. The team is made up of a Nurse, Psychiatric Technician, Behavioral Health Therapist, a TMHA Peer Support Specialist, two TMHA Outreach Workers, and a TMHA Case Manager. The team engages with more than 200 people annually, with approximately 50 of those engaged clients receiving assessment and full mental health services in the community.

Library Outreach Program

The County of San Luis Obispo Public Libraries, in partnership with Transitions Mental Health Association, has launched the Library Outreach Team (LOT), connecting library patrons experiencing homelessness with a Social Worker and Case Manager to break down the barriers to accessing crucial social services agencies and organizations.

The Library Outreach Team helps connect patrons to much-needed resources, including mental health, housing, health insurance, food programs, showers, Veteran's programs, and more.

People can connect with the Library Outreach Team at the downtown SLO Library Tuesdays 10am-11:30 am & 2:30pm-4pm; Atascadero Library Wednesdays 12:30pm-2 pm; Arroyo Grande Library Thursdays 11am-12:30 pm; Los Osos Library Fridays 1pm-2:30 pm; and the Morro Bay Library Thursdays, 12:30pm-2pm.

CONTACT

To get the most up-to-date info and schedules on the HOT and LOT teams, email Miriam Vargas, Program Manager, at mvargas@t-mha.org.



WELLNESS • RECOVERY • RESILIENCE

